



SUSTAINABLE  
**Palm OIL**  
JOURNEY



BMT-RSPO-001089

Edsential are the first catering company in the world to use only sustainable palm oil in our menus.

Have a look inside to see how you can join us on our journey, and support us in protecting the rainforests, the animals and communities living there.



# What is Palm Oil?

## The World's most commonly used vegetable oil

Palm Oil is an edible oil that comes from palm trees. Two types of oil can be produced from the tree; oil from squeezing the fruit and oil from crushing the stone in the middle of the fruit.

- 1 Over 85% of Palm Oil is grown in Indonesia and Malaysia
- 2 73 million tonnes of Palm Oil are produced annually
- 3 It is a balanced and diverse fat and can be used as both solid and liquid

## What has been done as part our Palm Oil certification journey?

Our Menu and Supply Chain Manager has worked tirelessly for the last 12 months to ensure that any products which contain palm oil and are used in our menus are sourced sustainably.

This has involved tasting, trialling and testing a variety of products to ensure that products used in our menus are of the highest quality and have the best taste.

All of these foods contain Palm Oil and are used in our supply chain.



At Edsential, we can guarantee that the Palm Oil contained within these products is **sustainably sourced**.

## The Good

- ◆ Palm Oil is extremely versatile, which makes it useful and widely used.
- ◆ Palm Oil produces more oil per hectare than any other vegetable oil crop. It grows very quickly and can be harvested every 10 days!!
- ◆ There are 4.5 million people who depend on producing palm oil for their livelihood.
- ◆ Sustainable palm oil contributes to protecting wildlife like the Orangutan, Pygmy Elephant and Sumatran Rhino.

## How much Palm Oil do you use daily?

Approximately **50%** of consumer products contain **palm oil**, however, **70%** of our cosmetics and household detergents contain materials derived from **palm oil**.

# RSPO

Roundtable on Sustainable Palm Oil

The Roundtable on Sustainable Palm Oil (RSPO) works with conservation organisations, like Chester Zoo and the World Wildlife Fund (WWF) to support better food and farming for the local people and the animal population.



**19%**  
of **Global**  
**PALM OIL** is  
**CERTIFIED**  
by the **RSPO**



**Edsential**  
became the **FIRST**  
**'CERTIFIED'**  
SCHOOL  
CATERING  
PROVIDER  
in July **2019!**

## Why do we need to be sustainable?

- ◆ To produce the same amount from alternative vegetable crops like soybean or coconut, you would need anything between 4 and 10 times more land, which would just shift the problem to other parts of the world and threaten other habitats and species.
- ◆ Palm Oil products are a major contributor in cutting down rainforests, threatening wildlife inhabiting rainforests like the Orangutan, Pygmy Elephant and Sumatran Rhino.
- ◆ Cutting down the rainforest reduces oxygen and increases greenhouse gases which contributes to climate change.
- ◆ Boycotting palm oil is not an option as the unsustainable practices will still occur. Therefore, working towards a change will have a greater impact on protecting the amazing and diverse wildlife that is affected by palm oil production.



We need to use **sustainable Palm Oil** to have the best and biggest impact on protecting the amazing and diverse rainforests on Planet Earth.



Edsential are proud to be working in partnership with:



ORANGUTAN  
LAND TRUST

CHESTER  
ZOO

The World's First  
**Palm Oil Sustainable**  
Catering Company

For more information about our  
**Palm Oil sustainability** journey

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